

## 2022 GIRLS SECONDARY SCHOOL TRIATHLON

SUNDAY 27<sup>th</sup> February, 2022

## PARENT / STUDENT INFORMATION PACK



#### Inside you'll find

- Welcome
- Covid safe event
- Access and parking maps
- Site map
- School reserve allocated zones apply
- Amenities
- Event details
  - Pop up pedestrian area
  - Registration
  - Start time & school list per event
  - Transition
- Course maps













#### Welcome

Welcome to Hobson's Bay and the Western Suburbs Triathlon Club (WSTC).

We are excited to provide you with an opportunity to "TRI" along the beautiful Altona foreshore. The course comprises a flat surface along the Esplanade and a pathway that runs parallel to the beautiful Altona foreshore

WSTC is one of a few remaining 100% volunteer-based triathlon clubs in Victoria. Since 1983, the club has run in excess of 300 races along the Esplanade, which provides one of the safest courses available. We pride ourselves on providing a relaxed and welcoming environment for all abilities to participate in our events.

We currently run 12 events a year, 6 triathlons over the summer and 4 duathlons over winter, with participants ranging in age from 12 (min) to 70+ years. We also run two kids (7-12 y/o) events, a triathlon and duathlon each year.

This information pack provides all the important information about the event and the course. If you have any further questions, please don't hesitate to contact us at <a href="mailto:admin@wstc.org.au">admin@wstc.org.au</a> or 0417 308 509. We look forward to seeing you at the start line <a href="mailto:admin@wstc.org.au">admin@wstc.org.au</a> or 0417 308 509.

Jill Stevenson President







#### **COVIDSafe Triathlon Event**

#### "Arrive, Participate, Leave"

#### **Pre-Event**

- Feeling unwell, Cold or Flu-like Symptoms? Stay Home!
- Attending the event? Make sure you are a registered participant or school representative
- As advised by your school and GSV, this is a spectator free event this is to ensure public gathering limits are adhered to

#### **Arrive**

- Keep 1.5m from others (where possible) and sanitise hands regularly
- Masks must be carried and worn in areas where it is difficult to maintain physical distancing.
- Only for your allocated event time

#### **Participate**

- Masks are not required to be carried when racing or in team change over areas
- Separate wave starts will be conducted to spread out participants

#### Leave

• To enable prompt exit from the event, team bike riders are able to collect their bike immediately after the changeover to their team runner. Please follow instructions from marshals for a safe exit.



### STAY HALF A BIKE LENGTH APART

1.5m - when queuing

#### 6 Steps

- 1. Carrying a mask
- Use Sanitiser Stations located around the venue
- 3. Physically distance where possible (minimum of 1.5m)
- 4. Stay within your school group whilst at the event.
- 5. Once your event is finished, collect your bike and leave the event.
- 6. Presentations N/A





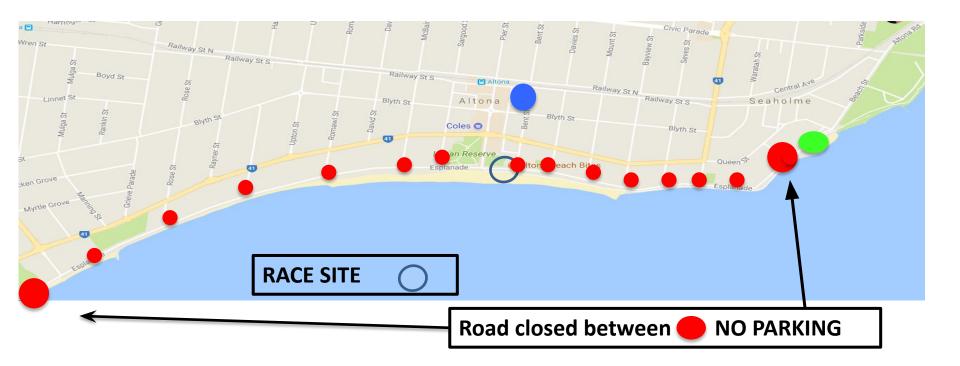
#### **Access & Parking Maps**

Note: Parking arrangements. The Esplanade / Beach St will be closed to traffic (excl. residents) from Surf St to Maidstone St for the duration of the event. There will be NO parking available within this area. Parking restrictions have changed in the area around the club rooms with very limited parking available in side streets.

Spectators are discouraged, however if they are present we strongly encourage them to maintain physical distancing and limit their interaction with students and staff.

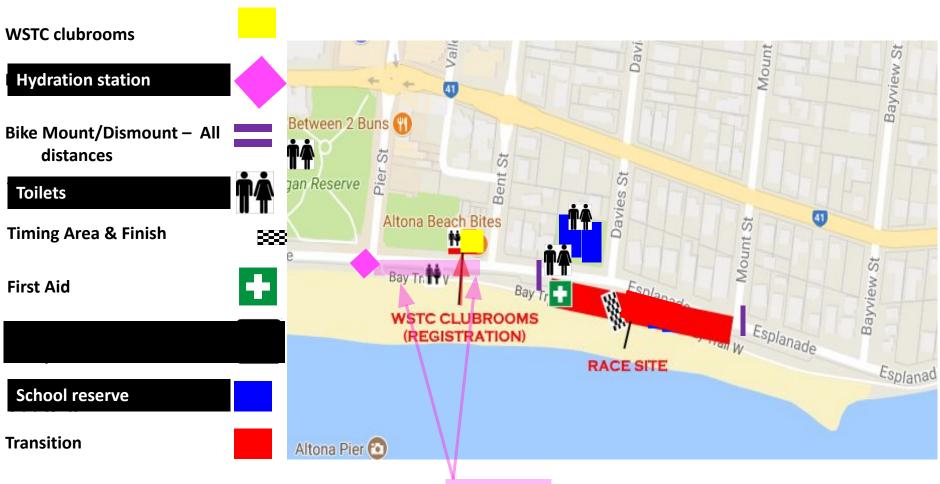
<u>CAR PARKING</u> - There is very limited parking available. Please park at Hobsons Bay City Council Office (Civic Centre), 115 Civic Parade, Altona. There is ample parking in that area. It's just a short walk from there to the transition area. PLEASE DO NOT park across any resident driveways or in the Salvation Army Car park. We rely heavily on the support and cooperation of residents and business' to run this event. Any disruption to them puts this event and all our others at risk.

A drop off zone has been established for those in event 1 - Drop off point just before the corner of Blyth & Davies St, Altona. A representative from GSV will be stationed on the corner. It's a 250m walk to the race site. Refer



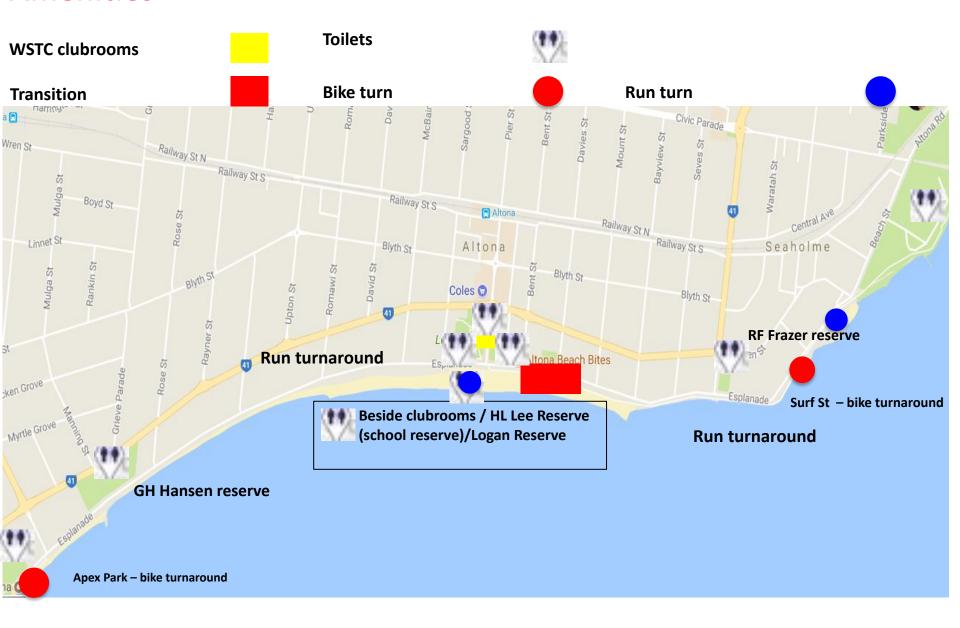
#### **Event Site Map**

**KEY** 



Altona Pop up precinct – PEDESTRIAN ONLY ACCESS AREA. <u>PLEASE NOTE ADVICE OUTLINED</u> FOR ALL PARTICIPANTS ON THE EVENT DETAILS <u>PAGE</u>

#### **Amenities**



#### **EVENT DETAILS**

#### POP UP PEDESTRIAN ONLY TRIAL ACCESS AREA – (as indicated on event site map & course maps)

 Hobson's Bay City Council (HBCC) are currently trialling a closure of the Esplanade between Bent St and Pier Streets (a distance of approx. 100m). On non event days this is a pedestrian only area with no vehicle access incl. no cyclists. Various structures and games are in place within this space for residents and visitors to utilise. Items include a basket ball ring, plant boxes with seating etc. etc.





- On the morning of our event these structures will be relocated to the middle of the road to allow cyclists to proceed
  through the area during the event. Heavy machinery is required to relocate these structures so we ask that you <u>DO NOT</u>
  <u>ENTER</u> this road space prior to the commencement of the race. If you wish to warm up please do so East of the transition
  area (towards the city) and not West bound.
- To ensure the safety of all users during our event, we advise all participants to proceed towards and through this section of the bike course with extra caution. Please make note of the following-
  - Relocated structures may interfere with your ability to see pedestrians within this area and vice versa;
  - Entry and exit barricades with remain at both ends of the pop up area. There will be some narrowing of the road space available within this area and whilst entering and exiting.
  - Bollards & bunting will be installed on both sides of the road to deter pedestrians from entering the space.
     Pedestrian access will be available via the pedestrian crossing in front of the club rooms.

#### **ROAD CLOSURES – PLEASE NOTE**

The Esplanade and surrounding streets leading into The Esplanade will be closed to cars (excl. residents) from 6:00am on the morning of the event. Please be aware you may encounter resident vehicles on the road & foot traffic on the shared path during the event. Please adhere to normal road rules (keep left) and interact respectfully with residents and other users.

#### REGISTRATION

- Registration is located in the WSTC / Altona Life Saving club rooms on the Esplanade, as indicated on the maps provided herein. A nominated representative of your school will collect all student registration packs at 6.00am. <u>Students will collect packs from their</u> <u>school representative, in the school reserve area, prior to the commencement of their</u> <u>specific event.</u>
- Non school entries can collect their registration pack from the WSTC club tent near the finish line.

## **EVENT DETAILS CONT'D REGISTRATION PACKS**





#### **Team Pack incl. pins**

**Swim cap** – Colour will correspond to your swim wave.

**Timing chip** – To be worn on the left ankle. Timing chip is to start on the rider (NOT the swimmer). It will be transferred to the runner at the marshalling area at the completion of the cycle leg. When you get your race pack it's a good idea for the rider & runner to have a look at the timing chip and how it attaches. This will avoid any confusion in the change over.

**Two race number stickers** – One to be placed on the front of the helmet and one on your bike.

**Red race number bib** –bib is to be pinned to the front of the runners top/shirt.

**Blue race number bib** –bib is to be pinned to the front of the riders top/shirt.

Team participants are required to write their race number on their left upper arm. Participants who are riding and/or running may want to write their rack number on top of their left hand. This will make locating your transition rack and /or run team runner much easier.

**Timing chips** are to be returned at the conclusion of the event. Please remove your chip and place it in the bucket provided at the finish line.

Race number bibs are to be retained by team participants.

#### **Individual Pack**

**Swim cap** – Colour will correspond to your swim wave.

**Timing chip** – to be worn on the left ankle throughout the event.

Two race number stickers – One to be placed on the front of the helmet and one for your bike.

Individual participants are required to write their race number on their left shin (for ID purposes) and left upper arm.

**Race belt and number bib**–N/A this year due to covid.

**Timing chips** are to be returned at the conclusion of the event. Please remove your chip and place it in the bucket provided at the finish line.

#### **SWIM LOCATIONS**

Swim start is on the beach, east side of the Altona Pier.

Event start times are detailed on the following page.

Wave allocation will be detailed on your race pack.

#### **RACE BRIEFING**

- <u>Teams</u> (events 1 & 3) A separate race briefing will be held at each of the marshalling areas at approx. 6.45am (swim, bike, run) for those starting at 7.00am (event 1) and approx. 9.45am (event 3)
- <u>Individuals (event 2)</u> The race briefing will be held at the swim start area at approx 8.15am for a 8.30 start (please assemble on the beach in your allocated wave).

#### **POST RACE** -

PLEASE LEAVE THE VENUE IMMEDIATELY FOLLOWING COMPLETION OF YOUR EVENT.

#### Medal presentations - Not applicable

Due to covid restrictions, food and water will not be available at this event. Please bring your own water bottle and nutrition.

#### **TRANSITION** - Sanitiser will be available, please sanitise your hands regularly.

Please wear your helmet into transition, this will provide an opportunity for you to check that it is fitted correctly before your event.

One bike sticker number must be placed on the front of your helmet and one on the top tube of your bike.

Event 1 - 7.00AM RACE START <u>- TEAMS</u> – SCHOOLS WILL BE PRE ALLOCATED BIKE RACKS

Transition compound opens at 6:30 am and closes at approx 6.45 am. Participants are required to make their way to the designated marshalling area for their portion of the event (swim, bike or run area) from 6.45am.

### Event 2 – 8.30AM RACE START – <u>INDIVIDUALS ONLY</u> SCHOOLS WILL BE PRE ALLOCATED BIKE RACKS

<u>Transition compound will open at the conclusion of event 1, at approx 8:00 am</u> and closes at approx. 8.15 am. Briefing will be held beside transition at swim start area on the beach at 8.15 am.

Event 3 - 10.00AM RACE START – <u>TEAMS</u> SCHOOLS WILL BE PRE ALLOCATED BIKE RACKS

<u>Transition compound will open at the conclusion of event 2, at approx 9.30 am and closes at approx. 9.45 am. Participants are required to make their way to the designated marshalling area for their portion of the event (swim, bike or run area from 9.45am.</u>

Event 1 - Team only

**Event 1 - Team ONLY** 

**Event 2 - Individuals ONLY** 

**Event 3 -Team ONLY** 

Start time: approx 7:00am

Earliest arrival time:
Per school instructions

Start time: approx 8:30am Earliest arrival time:7.45am Start time: approx 10:00am

Earliest arrival time: 9.15am

Camberwell

Fintona Firbank Genazzano Ivanhoe

Lauriston Loreto Strathcona All schools with with individual entries

Lowther Hall

Siena Melbourne

Mentone

MLC

 $\mathsf{OLMC}$ 

Sion PLC

Ruyton

Sacre Coeur Shelford

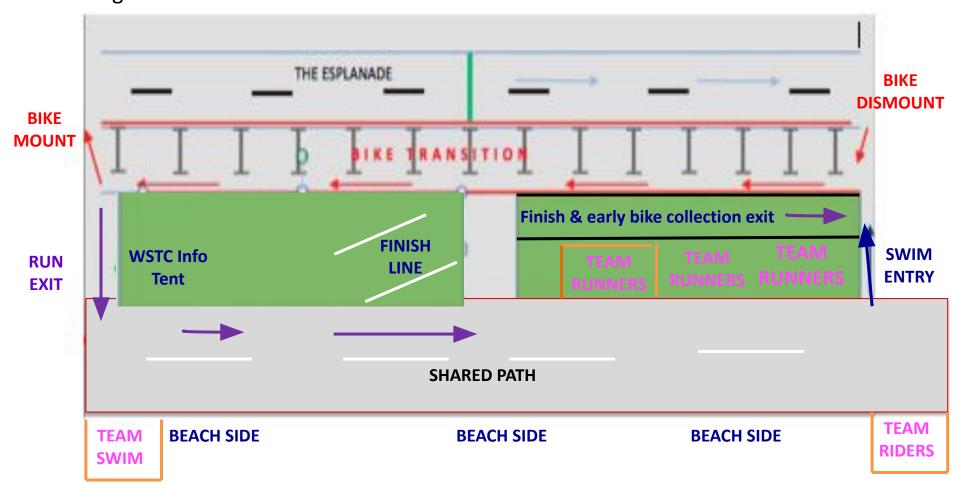
St Catherine's St Margaret's

Toorak Korowa

#### TRANSITION SET UP PLAN



Transition will be open to remove bikes as team participants complete the bike leg. Please follow marshal directions for a safe exit.





# COURSE MAPS 2022 GIRLS SECONDARY SCHOOL TRIATHLON



#### **DISTANCE**

#### 300M SWIM / 10 KM BIKE / 2KM RUN (1 LAP)



Please be aware you may encounter resident vehicles on the road & foot traffic on the shared path during the event.

Please adhere to normal road rules (inc keep left) and interact respectfully with residents and other road/path users.





#### **DISTANCE**

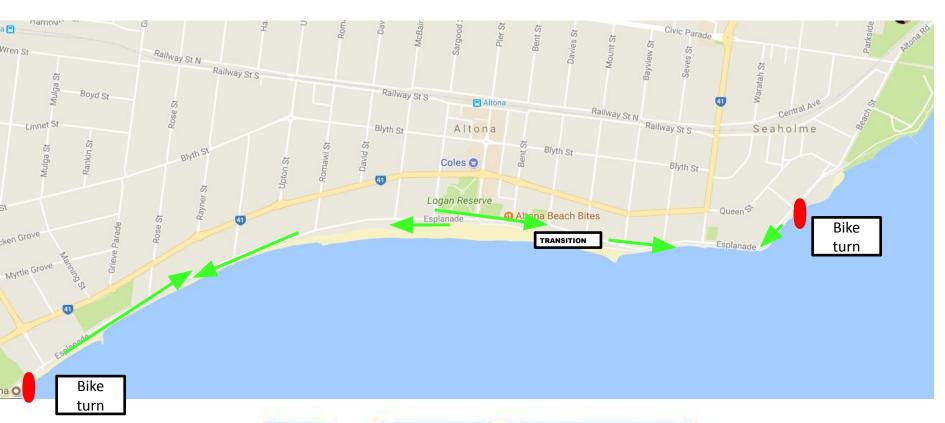
#### **300M SWIM / 10 KM BIKE / 2KM RUN**

#### (2 LAPS ON THE BIKE)



<u>Please be aware you may encounter resident vehicles on the road & foot traffic on the shared path during the event.</u>

<u>Please adhere to normal road rules (incl. keep left) and interact respectfully with residents and other path / road users.</u>





## HAVE FUN &





THANKS TO ALL OUR WONDERFUL CLUB **VOLUNTEERS & PARTNERS** 

> **Altona Life Saving Club** Lions Club of Altona **Hobsons Bay City Council Kennards Traffic Hire, Laverton Officeworks Altona North**

STERN SUBURBS TRIATHLON CL

YOU CAN FIND ALL OUR EVENT DETAILS AT - WWW.WSTC.ORG.AU